CLEAR IDEA OF WHAT YOU WANT TO DO FOR LATER WORK:

Work backwards.

Confirm career details and educational requirements in **Careers library.** 

Confirm subject details and educational requirements in Subjects library.

Use opportunities tools to explore study / training programmes.

Explore **Know**-**how library** for possible advice.

GENERAL IDEA OF WHAT YOU WANT TO DO FOR LATER STUDY:

Work from the middle.

Explore a subject, its educational requirements, and career possibilities in **Subjects library**.

Use opportunities tools to explore study / training programmes.

Identify and explore careers that could lead on from this in **Careers library.**  UNSURE OF WHAT YOU WANT TO DO FOR LATER STUDY OR WORK:

Work forwards.

Identify the school subjects you are interested in or could be good at.

Investigate what is involved in studying each at a higher level in **Subjects library.** Identify career possibilities for each in **Careers library**.

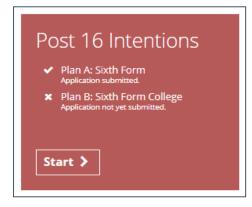
(Optional) Complete selection of **quizzes** to help direct your exploration.

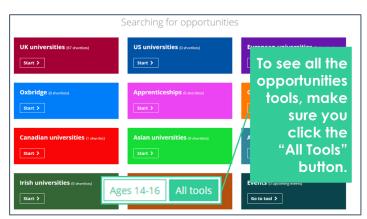
FAVOURITE ANYTHING OF RELEVANCE

## FUTURES WORKSHOP: EXPLORING WITH UNIFROG

Go to <u>https://unifrog.org</u> and sign in. Reset password with school email if necessary.

- 1. Go to either the Subjects library Know-how library Careers library Careers or the x Subjects favourited × Guides favourited Careers favourited Subjects Library. Search by adding in a set of three A-level Go to tool 🗲 Go to tool 🗲 choices or using a particular keyword Search by school subjects Search by keyword (e.g. lawyer). Search for university subjects using the subjects you're studying at school that you like the most Search for university subjects using a keyword Explore your results lawyer English Language and Literature × and favourite at least Go 🗲 French × two. Geography ×
- 2. Now, repeat this for the other library (**Careers** / **Subjects**). Explore and <u>favourite at least two</u>.
- 3. Create at least **one shortlist** that match your interests / aspirations (choose from UK universities, International unis, Apprenticeships, College / Sixth Form, etc.).





Go 🕽

4. Complete the **Post 16 Intentions** tool recording your initial ideas about your main plan (Plan A) and any possible alternative plan (Plan B).

5. (Optional) Complete one or more of the 4 Unifrog quizzes to create profiles that might help guide your decision making.

Interests profile	Personality profile
✓ Quiz last taken 9 Jan 23: I and A and C	• Quiz last taken 9 Jan 23: ISTJ and INTJ
Start >	Start >
Skills profile	Work environments profile
× Quiz not taken	✓ Quiz last taken 9 Jan 23
Start >	Start >

There is a lot more that Unifrog offers and we recommend that you keep exploring it. For example, check out the Know-how library, investigate Webinars or Courses, or Read, Watch, Listen.

## **BEST SUCCESS!**