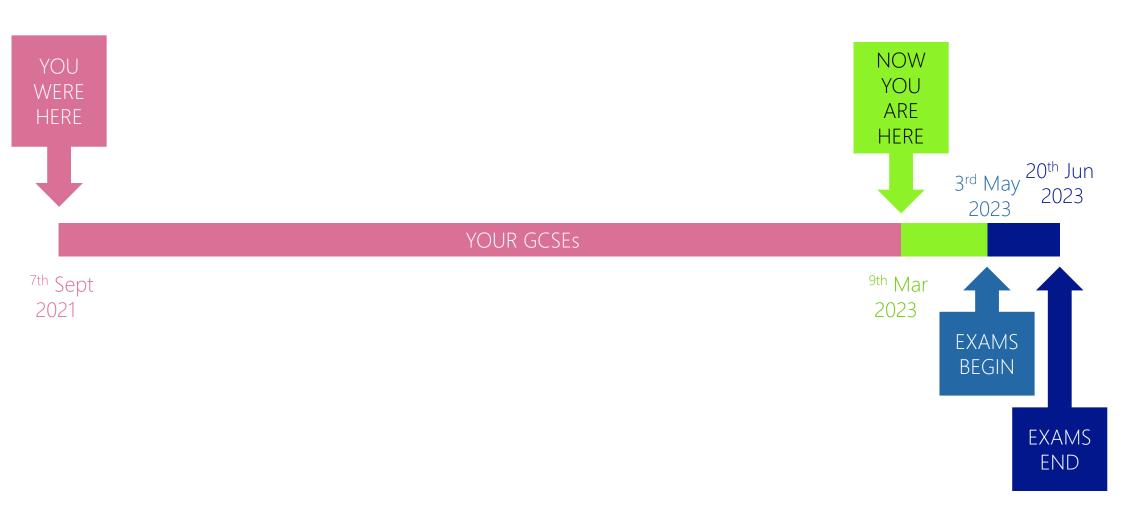


## WHERE YOU ARE



## HOW TO MAKE THINGS BETTER



How to value your exam experience



How to space your practice and fit it all in



How to turn weaknesses into strengths



How to maximize your study hours and minimize distraction



5
How to make your revision count



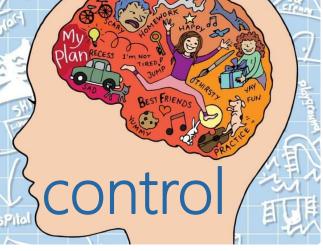
## HOW TO VALUE YOUR EXAM EXPERIENCE

## ACHIEVEMENTS UNLOCKED











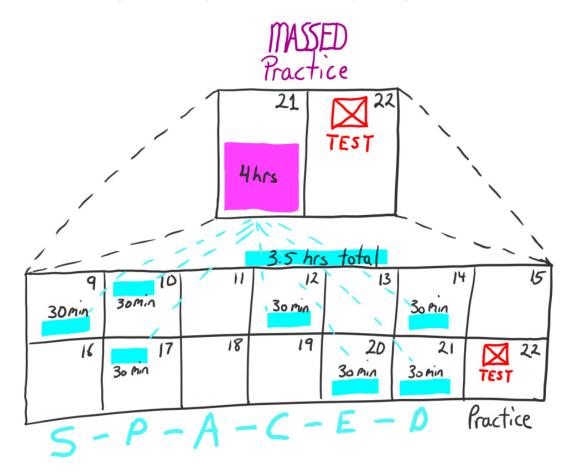
2.



## HOW TO SPACE YOUR PRACTICE AND FIT IT ALL IN

## SPACED PRACTICE

spacing out your studying over time





# workdays?

# subjects

days per subject?

## You need a SYSTEM to help fit it all in



### WINDOW OF OPPORTUNITY

EASTER 3WEEKS

## À LA CARTE OR SET MENU?

## REVISION PLANNER

Graphical way to plan spaced revision

Useful for allocating time across all subjects - identifies how much for each

Can be tough to stick to at first

## 90 HOUR REVISION PROGRAMME

30/30/30

30 hours per week

6/6/6/6/6

5 days of 6 hours (weekends off)

Can be spread over different times / over different days

## KEEP TO YOUR SCHOOL TIMETABLE

Easy way to set up spaced practice that covers all subjects

Timings and durations familiar

## REVISION PLANNERS

DATE	EASTER 25-Mar	EASTER 26-Mar	EASTER 27-Mar	EASTER 28-Mar	EASTER 29-Mar	EASTER 30-Mar	EASTER 31-Mar	EASTER 01-Apr	EASTER 02-Apr	EASTER 03-Apr	EASTER 04-Apr	EASTER 05-Apr
SUBJECTS	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed
Maths (Example)	(Day off)	(Day off)		Revise		Revise		(Day off)			Revise	
Maths				X	X	X				X	X	X
English			X	X	X					X		X
Biology			X			X	X				X	
History				X		X	X				X	
DT			X		X		X			X		X
	be	realistic	c com	mit to	what y	ou can	handle	e and b	ouild up	o from	there	

## 90 HOUR REVISION PROGRAMME

		WEEK 1		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am - 1pm 2pm - 4pm 6	9am - 1pm 4pm - 6pm 6	9am - 1pm 2pm - 4pm 6	9am - 1pm 4pm - 6pm 6	9am - 1pm 2pm - 4pm 6
		WEEK 2		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am - 1pm 2pm - 4pm	9am - 1pm 4pm - 6pm	9am - 1pm 2pm - 4pm	9am - 1pm 4pm - 6pm	9am - 1pm 2pm - 4pm
		WEEK 3		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am - 1pm 2pm - 4pm	9am - 1pm 4pm - 6pm	9am - 1pm 2pm - 4pm	9am - 1pm 4pm - 6pm	9am - 1pm 2pm - 4pm

90 HOURS

## KEEP TO YOUR SCHOOL TIMETABLE?

	Week A (DO	CS) [DCS-A]					Timetable We
	P	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Before						
	A1	Mathematics Mr George SM5	Design & Technology Mr Evans SDT1	Chemistry Mr Needs SP1	History Mr Milne SH3	History Mr Milne SH3	Mathematics Mr George SM5
	A2	Biology Mr Wilkes SB3	English Mrs Whyte SE4	English Mrs Whyte SE4	Physics Mr Ascham SP1	Mathematics Mr George SM5	Biology Mr Wilkes SB1
	A3	English Mrs Whyte SE4	Mathematics Mr George SM5	History Mr Milne SH3	Chemistry Mr Needs SC1	Physics Mr Ascham SP1	Break
	Break						French Mrs Montgomery SFL2
1/4 hc	nirs	per we	iology Wilkes SC1	Chemistry Mr Needs SC1	French Mrs Montgomery SFL2	Design & Technology Mr Evans SDT2	Geography Mr Pitt SH4
/4 110		SH4	hysics Ascham SP1	Physics Mr Ascham SP1	Workroom Ms Harbit SB1	Design & Technology Mr Evans SDT2	Lunch
	Lunch						Games
	A6	History Mr Milne SH3	Games	Mathematics Mr George SM5	Games	English Mrs Whyte SE4	Games
	A7	Biology Mr Wilkes SB1	Games	Geography Mr Pitt SH4	Games	Geography Mr Pitt SH4	Games
	After		Can help t	to avoid v	our system	m hecomi	na iust

3.



## HOW TO TURN WEAKNESSES INTO STRENGTHS

# Revision Trackers

HISTORY - Edexcel IGCSE 2022 - Revision Tracking

CONTENT COVERAGE	Audit	Revised date	Revised date	Revised date	Audit	Revised date	Revised date	Revised date	Audit
Paper 1: The USSR 1924-53									
The leadership struggle, 1924-29									
Five-year Plans and Collectivisation									
Purges, Show Trials, the cult of Stalin and the revision of history									
Life in the Soviet Union 1924-41									
The Second World War and after, 1941-53									
Paper 1: A World Divided: Superpower Relations 1943-72									
Reasons for the Cold War									
Early Developments in the Cold War 1945-49									
The Cold War in the 1950s									
Three Crises: Berlin, Cuba and Czechoslovakia									
The Thaw and moves towards Détente 1963-72									
Paper 2: The USA 1917-1942									
The Roaring Twenties									
Increased social tension in the 1920s									
The USA in Depression, 1929-1933									
Roosevelt and the New Deal, 1933-1941									
The Opposition to the New Deal									

**AUDITS** – Assign each topic area with a number representing your confidence level. 1 = Highly confident, 4 = Not at all confident.

# Knowledge Audit

HISTORY - Edexcel IGCSE 2022 - Revision Tracking

CONTENT COVERAGE	Audit	Revised date	Revised date	Revised date	Audit	Revised date	Revised date	Revised date	Audit
Paper 1: The USSR 1924-53									
The leadership struggle, 1924-29	1								
Five-year Plans and Collectivisation	2								
Purges, Show Trials, the cult of Stalin and the revision of history	4								
Life in the Soviet Union 1924-41	2								
The Second World War and after, 1941-53	3								
Paper 1: A World Divided: Superpower Relations 1943-72									
Reasons for the Cold War	2								
Early Developments in the Cold War 1945-49	4								
The Cold War in the 1950s	3								
Three Crises: Berlin, Cuba and Czechoslovakia	2								
The Thaw and moves towards Détente 1963-72	4								
Paper 2: The USA 1917-1942									
The Roaring Twenties	1								
Increased social tension in the 1920s	2								
The USA in Depression, 1929-1933	1								
Roosevelt and the New Deal, 1933-1941	2								
The Opposition to the New Deal	4								

**AUDITS** – Assign each topic area with a number representing your confidence level. 1 = Highly confident, 4 = Not at all confident.

HISTORY - Edexcel IGCSE 2022 - Revision Tracking

CONTENT COVERAGE	Audit	Revised date	Revised date	Revised date	Audit	Revised date	Revised date	Revised date	Audit
Paper 1: The USSR 1924-53									
The leadership struggle, 1924-29	1								
Five-year Plans and Collectivisation	2								
Purges, Show Trials, the cult of Stalin and the revision of history	4	29/03							
Life in the Soviet Union 1924-41	2								
The Second World War and after, 1941-53	3								
Paper 1: A World Divided: Superpower Relations 1943-72									
Reasons for the Cold War	2								
Early Developments in the Cold War 1945-49	4	29/03							
The Cold War in the 1950s	3								
Three Crises: Berlin, Cuba and Czechoslovakia	2								
The Thaw and moves towards Détente 1963-72	4	29/03							
Paper 2: The USA 1917-1942		Oppor-	tunity f	or Inte	rleavind	a: invol	ves swi	itching	
The Roaring Twenties		betwee	_			_		_	na-
Increased social tension in the 1920s	· · · ·	term le							7119
The USA in Depression, 1929-1933	1	termie	arriing	relative		JCK Stu(	<del>Jyli ig</del>		
Roosevelt and the New Deal, 1933-1941	2								
The Opposition to the New Deal	4	29/03							

**AUDITS** – Assign each topic area with a number representing your confidence level. 1 = Highly confident, 4 = Not at all confident.

# Revisit & Track

HISTORY - Edexcel IGCSE 2022 - Revision Tracking

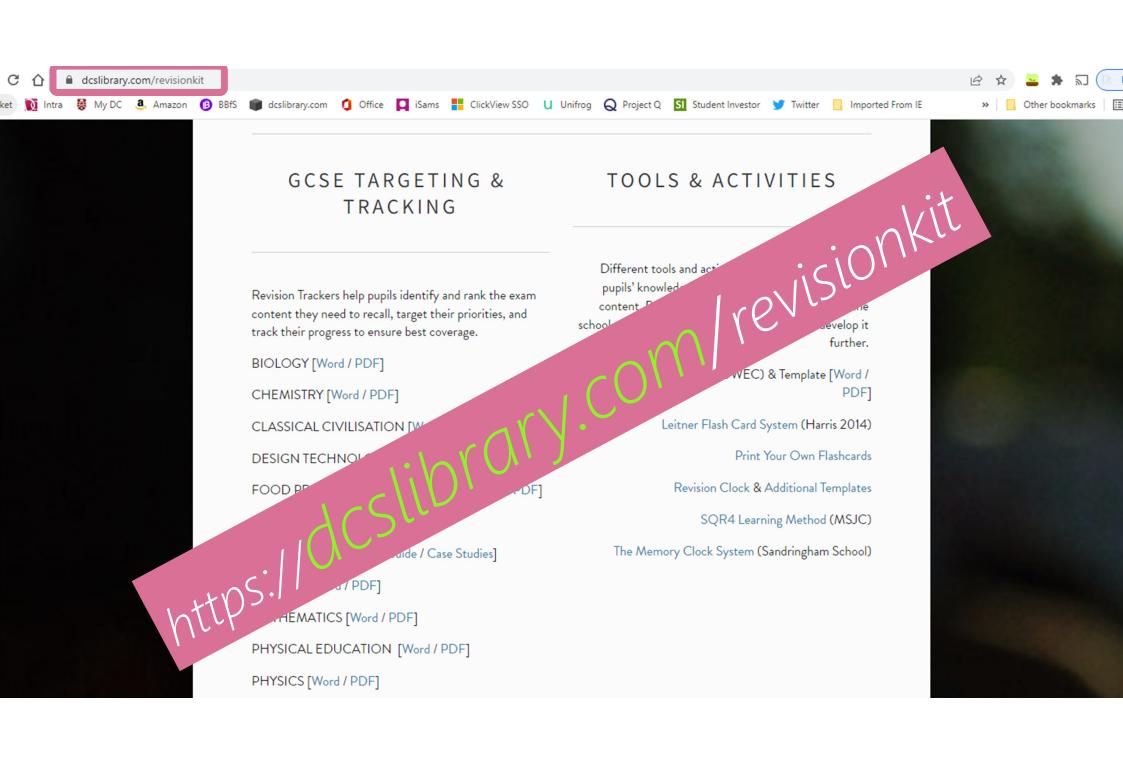
		D		D	1	D	D	D	
CONTENT COVERAGE	Audit	Revised date	Revised date	Revised date	Audit	Revised date	Revised date	Revised date	Audit
Paper 1: The USSR 1924-53									
The leadership struggle, 1924-29	1				2				
Five-year Plans and Collectivisation	2				2				
Purges, Show Trials, the cult of Stalin and the revision of history	4	29/03	31/03		2				
Life in the Soviet Union 1924-41	2				3				
The Second World War and after, 1941-53	3		31/03	01/04	1				
Paper 1: A World Divided: Superpower Relations 1943-72									
Reasons for the Cold War	2				2				
Early Developments in the Cold War 1945-49	4		31/03	01/04	1				
The Cold War in the 1950s	3		31/03	01/04	1				
Three Crises: Berlin, Cuba and Czechoslovakia	2				4				
The Thaw and moves towards Détente 1963-72	4	29/03	31/03		1				
Paper 2: The USA 1917-1942									
The Roaring Twenties	1						siting to	opics is	key to
Increased social tension in the 1920s	2			spa	aced pr	actice			
The USA in Depression, 1929-1933	1				2				
Roosevelt and the New Deal, 1933-1941	2				2				
The Opposition to the New Deal	4	29/03	31/03		1				
	•		•		•	•		•	

**AUDITS** – Assign each topic area with a number representing your confidence level. 1 = Highly confident, 4 = Not at all confident.

# Less of a 'Guilt List'

BIOLOGY - Edexcel IGCSE (2018+) - Alternative Revision Tracker

CONTENT TO COVER	CONFID	ENCE (0	→ 100%)	)	Notes:	
Section 1: The nature and variety of living organisms		Ì				
a) Characteristics of living organisms						
b) Variety of living organisms						
Section 2: Structures and functions in living organisms						
a) Levels of organisation						
b) Cell structure						
c) Biological molecules						
d) Movement of substances into and out of cells						
e) Nutrition				/	Activates reward systems	s. Focuses on
f) Respiration					t you are doing, not wh	
g) Gas exchange				vviia	t you are doing, not win	at you arent.
h) Transport						
i) Excretion					No notes! Borrow.	
j) Coordination and response						
Section 3: Reproduction and inheritance						
a) Reproduction					Review in May	
b) Inheritance						
Section 4: Ecology and the environment						
a) The organism in the environment						
b) Feeding relationships						
c) Cycles within ecosystems						
d) Human influences on the environment					Need clínic	
Section 5: Use of biological resources						
a) Food production					Need clinic	
b) Selective breeding						
c) Genetic modification (genetic engineering)						
d) Cloning						



4.



## HOW TO MAXIMIZE YOUR STUDY HOURS & MINIMIZE DISTRACTION



A SIMPLE METHOD TO BALDNICE FOCUS WITH DELIBERATE BREAKS



- 1 PLAN YOUR TASKS
  How many pomodoros mightyou need?
- 2 DO 1 POMODORO Time for 25 mins then take a 5 min break

PROTECT | Smins | Smin

3 REPEAT x 4 POMODOROS
Then take a longer break



CONCEIVED BY FRANCESCO CIRILLO

sketchplanations

NO SNEAKY

WORKING!

## HOW LONG IS YOUR FOCUS?

Measure it early on.

Start a timer, study, and stop it when you notice your mind wandering – try this a few times. Then try to build up.

## apps to try

https://pomodor.app/timer
https://www.marinaratimer.com/
https://www.forestapp.cc/

## YOUR REVISION ZONE

**Environment** is important

Devoting to one study place can powerfully reinforce study habits

Choose a place that avoids distractions

Convert & revert spaces, if necessary.



### ATTENTION AIDS & DISTRACTORS

Attention regulation is difficult

Our brains chase novelty

Don't underestimate sleep, nutrition & exercise









### **BREAKS**

can be hazardous to study plans

5 mins goes quick

choose what you do wisely

## REVISION PARTNERS / GROUPS





Helps regulate attention, provides novelty, & offers opportunities for active revision - e.g. testing, peer-marking, group retrieval practice

Best in moderation – once a day / few times a week

5.



## HOW TO MAKE YOUR REVISION COUNT

### COMMON REVISION PROCESS

READING & RE-READING

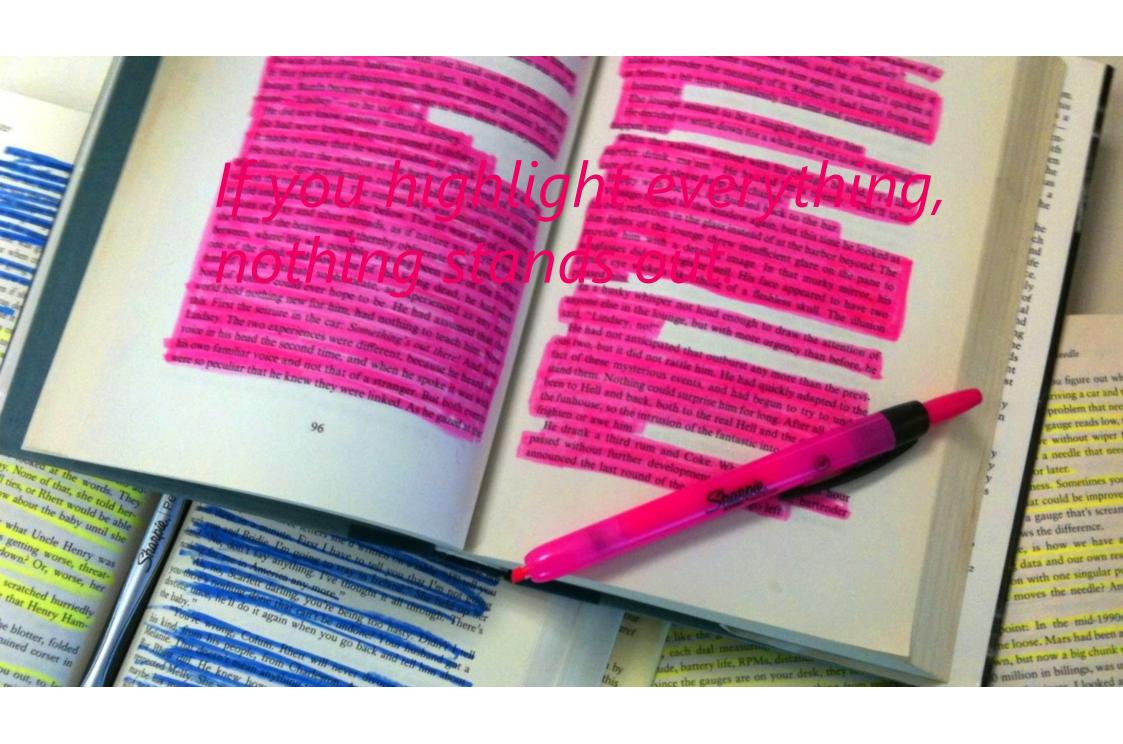
textbooks revision guides class folders

TAKING & SUMMARISING NOTES

on paper flashcards by highlighting

EVERY THING ELSE

mostly past papers



### MOST SUCCESSFUL REVISION PROCESS

## ESTABLISHING KNOWLEDGE

(forming foundational memories):

- Reviewing (textbooks, revision guides, class folders)
- Taking & summarising notes (on paper, flashcards)

## 'CLOSED BOOK' ACTIVITIES

(adding features to existing memories):

- Elaboration
- Examples
- Drawing & annotating diagrams

**CHECKING & UPDATING** 

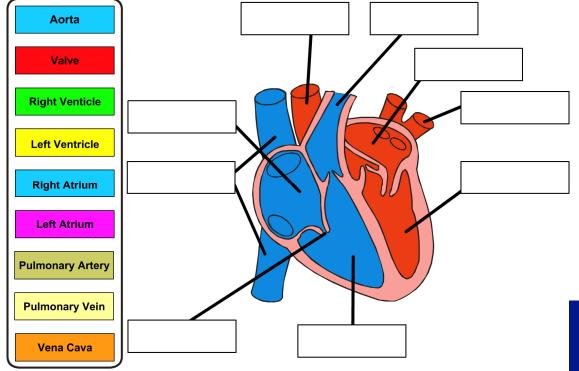
## PRACTICING & APPLYING RECALL

(strengthening recall & memory usage)

- Retrieval practice textbook questions, past papers, madeup questions
- Dual-coding

MARKING & UPDATING

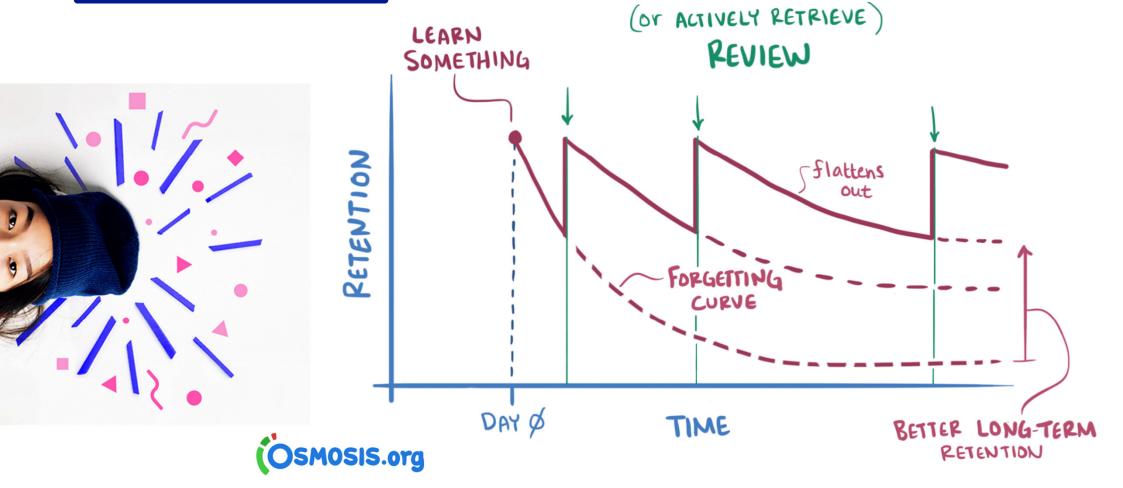
## RECOGNITION vs RECALL

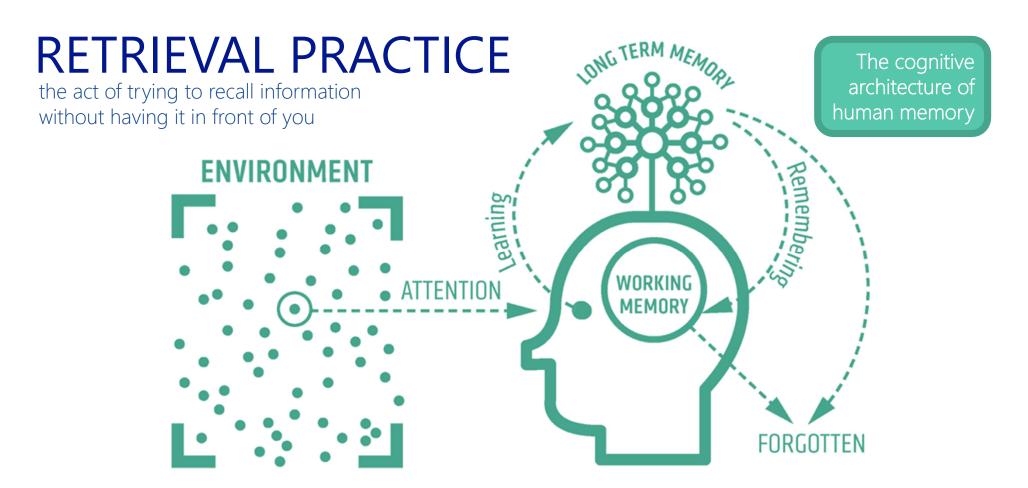


The diagra	ram shows the human heart in section.	
	Right ventricle	
Describe a	and explain how blood in the right ventricle travels to the left atrium.	[6 QWC]
	and explain how blood in the right ventricle travels to the left atrium.	

Recalling knowledge is <u>more</u> challenging than recognising information – but this is what will make you successful in an exam.

## RETENTION





The best activities will feel difficult at first - they reveal how much you forget - forgetting is key to developing understanding & recall.

Illustration by Oliver Caviglioli

## **BLUE CATERPILLAR'S**

## FIRM LEARNING

Framework

lmagery

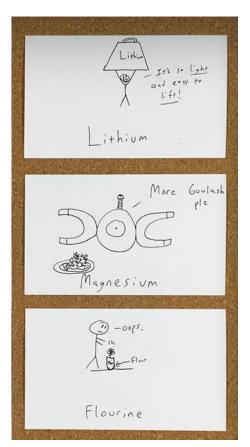
Repeated

Memorable

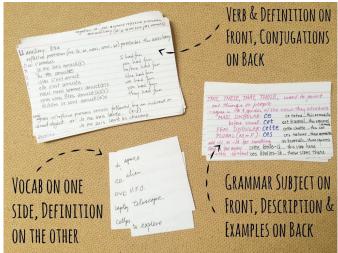


## FLASH CARDS

- 1. Make your own flash cards
- 2. Mix pictures and words
- 3. Use Mnemonic Devices to create mental connections
- 4. Break complex concepts into multiple questions
- 5. Say your answers out loud when studying
- 6. Study your flash cards in both directions

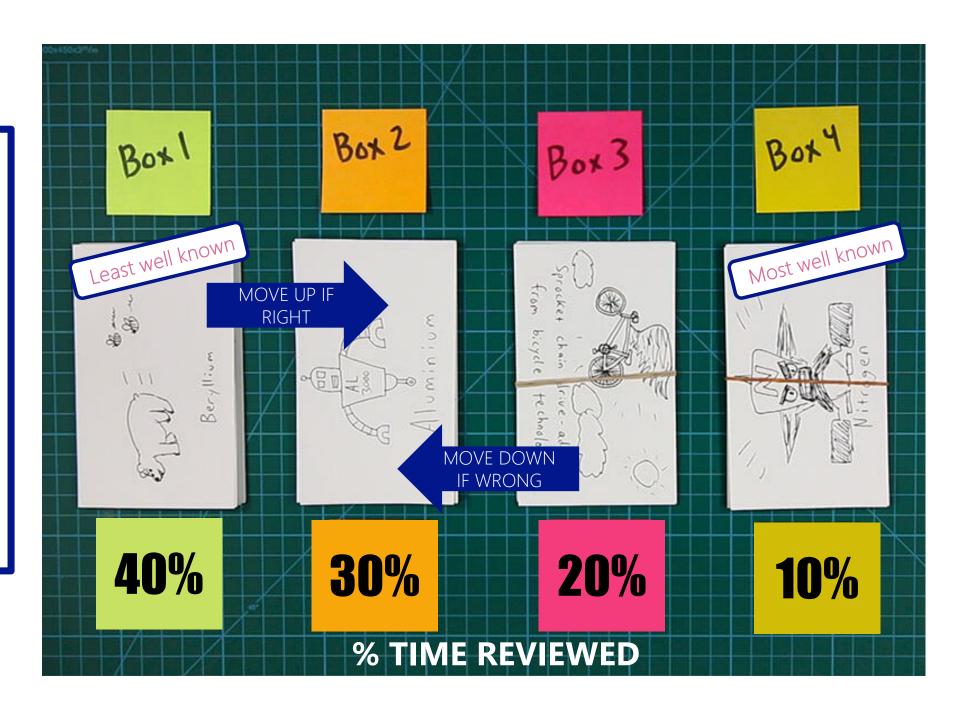




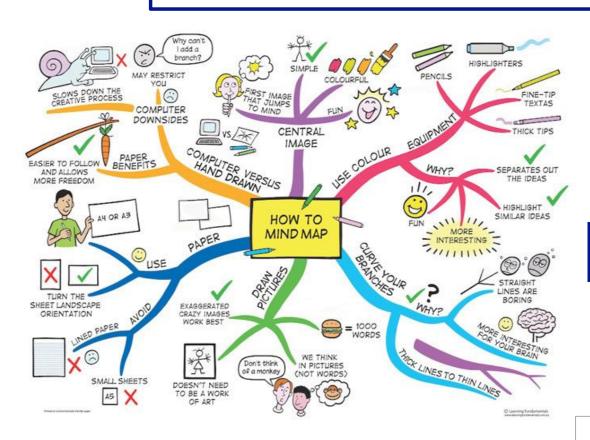


Thomas Frank, https://collegeinfogeek.com/flash-card-study-tips,

## ACTIVITY: THE LEITNER BOX



## **ACTIVITY: GRAPHIC ORGANISERS**



Comparison table of similarities and differences.

Flow chart to summarise a process or series of events.



Dual-Coding: combining verbal and non-verbal elements to facilitate understanding and enhance recall.



How about...?

A castle with separate turrets & a strong foundation.

Streams growing into a river & then a lake.

A village with a central square & streets around it.



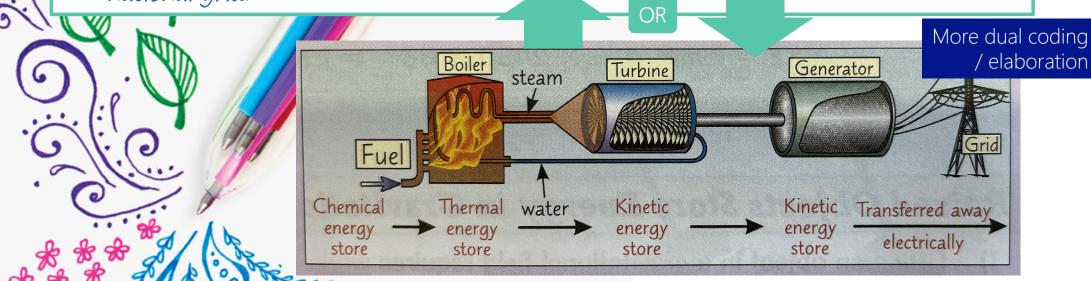
## Power stations use steam to drive a turbine:

1. As the fossil fuel burns (in oxygen) the energy in its chemical energy store is transferred to the thermal energy store of the water by heating.

2. The water boils to form steam, which turns a turbine, transferring mechanically to the kinetic energy store of the turbine.

3. As the turbine revolves, so does the generator, which produces an electric current.

4. The generator transfers the energy electrically away from the power station, via the national grid.



## **ACTIVITY**: ROAD MAP

Suitable for anything with a start and end e.g.

> the Moroccan crises

the carbon cycle

Jane Eyre red room scene

Next step...

Next step...

Start of a chronology or sequence

Next step ...

Next step ...

Even more dual coding / elaboration

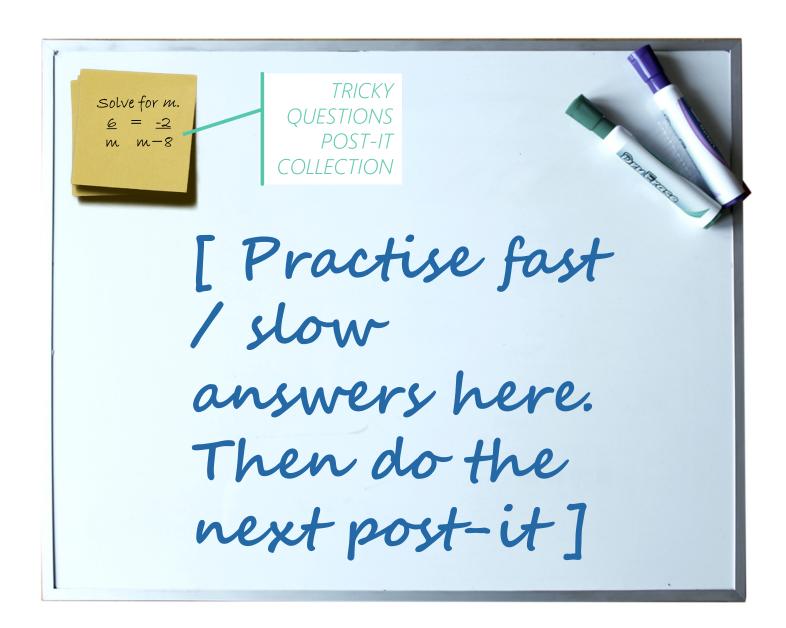
Last step ...







# JUMBLE



## INFO BOOKLET

## FIFTH FORM REVISION

PER DEPARTMENT / EXAMINATION



Tt is not the mountain n



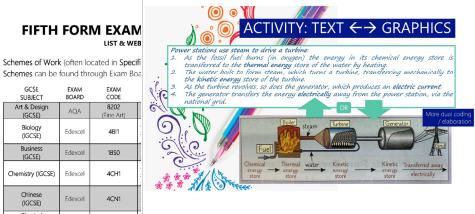
BIOLOGY	Pupils have been provided with a CGP Revi Workbook. They should use this in combi alongside their class notes to revise topic by to
	Complete <b>PowerPoints</b> and <b>Summary Note</b> available on Teams. Pupils will also have <b>pas</b> away with them over the Easter break.
BUSINESS	Pupils will be completing key term tests and $\rho_i$ and receiving feedback on how to improve they should create a set of revision notes / min the syllabus.
CHEMISTRY	Every two weeks pupils will do a revision topic on that subject. They will also do a Paper 2 i conditions, which will be reviewed in class and i pupils will have a module 1 paper to complete will be reviewed in class.
	Over the Easter holidays, <b>past papers</b> at electronically. (Classes may vary slightly on this activities.)
CLASSICAL CIVILISATION, LATIN & GREEK	For Latin, Greek and/or Classical Civilisation, p mark schemes for the Easter holiday period textbook(s) which also contain practice exams-s to complete as many practice questions and prepare for the summer, and they can hand th feedback. A fill revision programme is taught Lent term or from the start of the Trinity term.
COMPUTER SCIENCE	Pupils have been provided with a course bool and Donald Scott, which contains the theory i the end of each chapter (answers can be for should be using the book alongside dass-base learning.
	Alongside the course textbook they have been

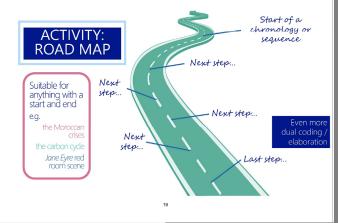
guide and a number of past papers with ma

prepare for the summer. They will be guided papers 'open book' and then some time ansy returning to the texts afterwards to enhance the

## SUBJECT BOARD CODE Art & Design 8202 AQA (GCSE) (Fine Art) Biology Edexcel 4BI1 (IGCSE) Business 1BSO (GCSE) Chemistry (IGCSE) 4CH1 Edexcel 4CN1 (IGCSE) Classical OCR J199 Civilisation (GCSE) Classical Greek OCR J292 (GCSE) Computer Science CAIE 0984 (IGCSE) [Double Award] Edexcel 4SD0 (IGCSE) Design & CAIE 0979 Technology (IGCSE) Drama 0994 (IGCSE) Economics AQA 8136 (GCSE) English Language CAIE 0990 (IGCSE) English Literature 0992

(IGCSE)







## HOW TO MAKE THINGS BETTER



How to value your exam experience



How to space your practice and fit it all in



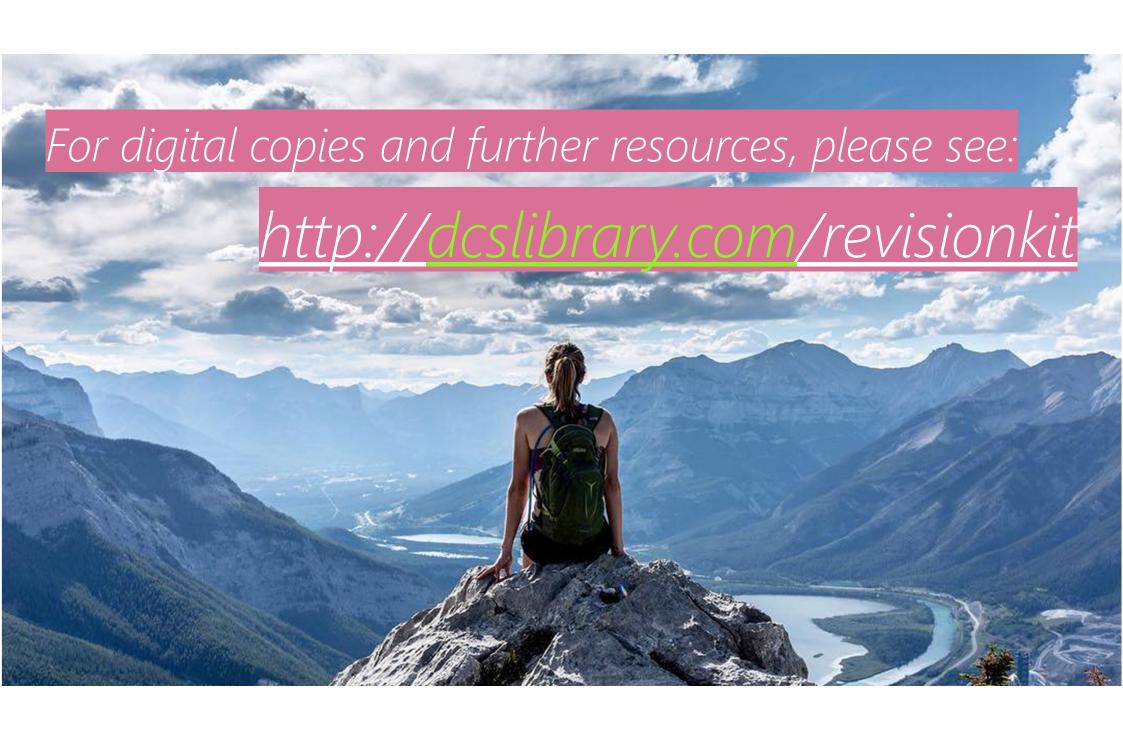
How to turn weaknesses into strengths



How to maximize your study hours and minimize distraction



5
How to make your revision count



## DEAN CLOSE EASTER REVISION COURSE 11<sup>TH</sup> -15<sup>TH</sup> APRIL

- Small groups with expert tutors
- Choose up to:
  - 4 GCSE subjects
  - 2 A-level subjects
- Residential options available
- A highly focused learning environment

https://www.deanclosefoundation.org.uk/dean-close-services-ltd/revision-course





## RESIDENTIAL & DAY EASTER REVISION COURSES FOR A LEVEL AND GCSE

Tuesday 11th - Saturday 15th April 2023

For full details on the course, or to register and book your place, please visit www.deanclosefoundation.org.uk/about-us/dean-close-services-ltd

If you would like to discuss the course in greater detail with one of our team, please contact: enquiries@deanclosevenues.co.uk  $\mid$  Tel: 01242 267431

