

Personal Statement Creation Exercise

It is vital that you prepare a statement which will demonstrate the best you have to offer. This means using examples of where you have put your skills into action. Evidence of going the extra mile, extended reading, independent achievement and endeavour will all boost your personal statement.

When you answer the questions below, keep in mind all you have done and think of concrete examples.

What should be included in the personal statement?

When reviewing personal statements, admission tutors are looking for:

- an understanding of the course
- good numeracy and literacy
- research skills
- time management skills
- enthusiasm beyond the syllabus
- extracurricular reading and research
- reflective thinking
- independent study skill
- self-awareness
- motivation and commitment

E.g. Bad - *"I very much enjoy reading and watching films in French."*

Good - *"I seek to develop my language skills through engaging with popular culture and media via the French Film society at School. Attending this society led to me reading the novel of 'La Belle et la Bête' in the original French after I saw the Jean Cocteau film".*

1) Why do you want to study your chosen subject at university? OR Why do you want to go into your chosen area of employment?

2) A Level Option 1: What do gain from this subject? What skills do you utilise? What have you done to extend your knowledge? What challenges have you faced and how have you overcome them?

3) A Level Option 2: What do gain from this subject? What skills do you utilise? What have you done to extend your knowledge? What challenges have you faced and how have you overcome them?

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- 4) **A Level Option 3: What do gain from this subject? What skills do you utilise? What have you done to extend your knowledge? What challenges have you faced and how have you overcome them?**

- 5) **Enrichment: What do gain from your enrichment course/s? What skills do you utilise? What have you done to extend your knowledge? What challenges have you faced and how have you overcome them?**

- 6) **Pastoral and Co-Curricular: What have you done outside of the classroom and what have you learned from it? What skills have you gained? What challenges have you faced and how have you overcome them?**

- 7) **What do you hope to gain from attending university? OR What do you hope to gain from your apprenticeship/employment?**