

Name:

REVISION and EXAM PLANNER

Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Date							
Example: BIOLOGY	<i>Plan when you will revise & take exam.</i>		<i>Revise</i>		<i>Revise</i>	<i>EXAM</i>	<i>Closed. You're done here for now.</i>
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* The optimum revision session for 15-16 year olds has been shown to be 30 minutes with a 5 minute break, though preferences differ. Each 30 minute session should involve some form of testing of the material being learnt. The recommendation is 5 hours of daily revision (excluding a few days off). The afternoons / evenings should be used to relax but also review the day's notes and set up for the next day's revision. If you are feeling fresh you could always do an extra revision session in the afternoon, but only if it is going to be productive.